Home Care Heroes

Find the words. Meet the professionals who help people stay safe and well at home.

Name: _____ Date: _____

Words go across or down. Long names are written without spaces. Good luck!

P	X	N	K	O	C	R	V	H	W	J	T	R	U	L	R	J	X	U	Y	T
R	E	S	P	I	R	A	T	O	R	Y	T	H	E	R	A	P	I	S	T	M
N	U	T	P	D	D	K	Y	M	Y	O	O	J	L	Y	Z	H	K	K	D	R
C	W	M	B	M	D	Q	U	E	Q	P	K	I	D	K	H	Y	Y	H	R	P
J	N	W	T	Q	L	N	E	M	J	A	L	S	E	H	O	S	N	P	A	C
U	I	D	Z	W	W	U	E	A	N	O	I	X	Z	S	Q	I	E	V	I	G
T	M	H	G	Q	R	R	G	K	P	U	L	M	L	M	G	C	H	T	Y	U
K	Q	J	K	O	K	S	P	E	E	C	H	T	H	E	R	A	P	I	S	T
P	U	T	N	C	W	E	T	R	S	T	U	F	P	E	Z	L	G	Q	A	D
Q	C	G	Y	Z	S	P	P	H	A	R	M	A	C	I	S	T	W	H	R	I
R	D	O	C	T	O	R	H	O	M	E	H	E	A	L	T	H	A	I	D	E
V	N	L	H	O	C	A	S	E	M	A	N	A	G	E	R	E	N	Z	H	T
C	P	X	R	L	I	C	A	R	E	G	I	V	E	R	V	R	T	T	N	I
O	C	C	U	P	A	T	I	O	N	A	L	T	H	E	R	A	P	I	S	T
B	M	P	B	K	L	I	P	E	M	J	G	J	X	M	Y	P	S	V	O	I
G	P	G	P	C	W	T	T	U	P	O	D	I	A	T	R	I	S	T	Q	A
W	N	C	H	T	O	I	K	F	X	P	U	Q	E	S	D	S	L	R	A	N
C	L	H	T	Z	R	O	W	H	J	C	F	N	D	R	I	T	V	Y	T	Y
O	V	F	J	S	K	N	J	L	U	I	M	J	V	F	O	S	O	N	F	U
I	D	B	Y	I	E	E	U	O	W	N	Q	D	C	X	Q	P	F	S	G	F
K	K	S	M	R	R	R	J	O	V	T	V	U	O	D	A	B	C	Z	X	U

Find these words:

Physical Therapist
Occupational Therapist
Speech Therapist
Respiratory Therapist
Home Health Aide
Nurse Practitioner
Case Manager
Social Worker
Pharmacist
Podiatrist
Dietitian
Homemaker
Caregiver
Doctor
Nurse
PCA

Words to Know

Who does what - in plain words, so you know your team.

Physical Therapist - Helps you walk, improve balance, build strength, and move safely after illness, injury, or surgery.
Occupational Therapist - Helps you dress, bathe, cook, and do everyday activities more easily and safely on your own.
Speech Therapist - Helps with communication, thinking skills, memory, and safe swallowing after illness or a stroke.
Respiratory Therapist - Helps people with breathing treatments, inhalers, and respiratory equipment like oxygen at home.
Home Health Aide - Helps with personal care at home, such as bathing, dressing, grooming, and moving around safely.
Nurse Practitioner - An advanced practice nurse who can examine you, diagnose problems, order tests, and prescribe medicine.
Case Manager - Helps organize your services and coordinate your care plan, so the whole team works together for you.
Social Worker - Helps find community resources and programs, and supports social or emotional needs for you and your family.
Pharmacist - Explains your medications, checks for side effects, and helps you use every medicine safely and correctly.
Podiatrist - A foot doctor who treats foot and ankle problems, including nails, circulation, and diabetic foot care.
Dietitian - Helps plan meals and nutrition for your health needs, like diabetes, heart health, or gaining strength.
Homemaker - Helps with light housekeeping, laundry, errands, and meal preparation, so your home stays clean and safe.
Caregiver - A family member, friend, or other person who helps you with daily needs. Caregivers give a lot and need support too.
Doctor - Diagnoses medical conditions, manages your medical treatment, and oversees the care your whole team provides.
Nurse - Checks your health, manages treatments, gives medication, and teaches you how to care for yourself at home.
PCA - Personal Care Attendant: assists with daily personal care tasks, like bathing, dressing, and grooming, at home.

Three good things to remember

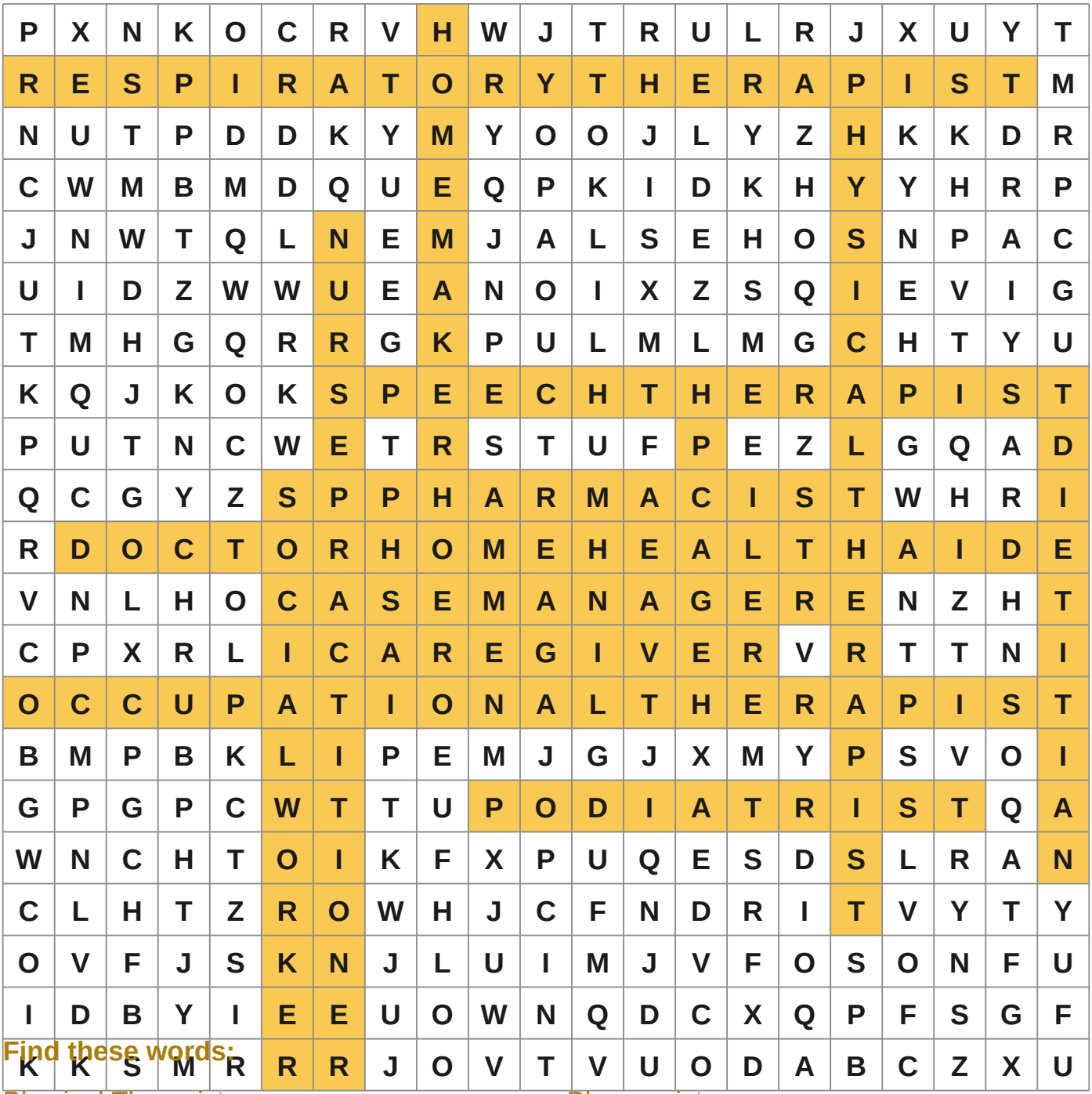
1. You are the center of the team. Every helper works from your care plan and your goals. Your questions and choices always come first.

2. Roles can overlap. A nurse and an aide may both help with bathing on different days. If you are ever unsure who does what, just ask.

3. Keep one list. Write down each helper's name, role, and phone number, and put it on the fridge. It helps family, too.

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PCA