Neurological Conditions

Find the words. Learn about conditions of the brain and nerves.

Name: _____ Date: _____

Words go across or down. Good luck, and have fun!

H	P	M	U	M	S	N	A	O	E	M	R	Z	N	T
E	A	M	Y	O	T	R	O	P	H	I	C	K	E	D
T	R	E	M	O	R	D	I	D	E	G	T	F	R	F
G	K	D	Q	I	O	M	E	M	O	R	Y	W	V	G
P	I	B	X	U	K	Q	B	A	L	A	N	C	E	V
C	N	I	A	A	E	Y	Q	I	B	I	K	E	S	Z
L	S	C	L	E	R	O	S	I	S	N	A	X	K	O
D	O	R	Z	S	E	I	Z	U	R	E	Y	Z	Z	U
I	N	O	H	X	H	Y	E	J	I	N	M	V	C	G
J	S	N	E	U	R	O	P	A	T	H	Y	L	K	M
X	E	P	I	L	E	P	S	Y	S	U	N	E	G	O
J	V	Y	M	D	A	B	C	B	O	D	D	C	W	C
D	L	D	E	M	E	N	T	I	A	N	R	J	H	W
E	L	B	R	A	I	N	F	M	S	Q	Q	Z	W	B
D	A	R	S	Y	Q	U	K	D	I	G	V	E	V	C

Find these words:

Parkinson's
Alzheimer's
Dementia
Epilepsy
Seizure
Sclerosis (MS)
Neuropathy
Migraine
Stroke
Tremor
Balance
Memory
Nerves
Brain
Amyotrophic (ALS)

Words to Know

What the words mean - in plain words, for understanding and care.

Parkinson's - A condition that can cause shaking hands, stiffness, and slow movement. Medicines and therapy can help you stay active.
Alzheimer's - The most common cause of memory loss. It slowly affects thinking and daily tasks, and support can help.
Dementia - A general word for memory and thinking problems that make daily life harder. It has many causes.
Epilepsy - A condition that causes seizures, which are sudden bursts of activity in the brain. Medicine often controls them well.
Seizure - A sudden surge of activity in the brain that can cause shaking, staring, or passing out for a short time.
Sclerosis (MS) - In multiple sclerosis (MS), the covering of the nerves is damaged, which can slow messages from the brain.
Neuropathy - Nerve damage that often causes numbness, tingling, or pain, usually in the hands and feet.
Migraine - A strong headache that can cause throbbing pain, nausea, and sensitivity to light and sound.
Stroke - When blood flow to part of the brain is blocked or a vessel bursts. Quick treatment can save brain cells.
Tremor - Shaking that you cannot control, often in the hands. It can have many causes, so tell your doctor about it.
Balance - Your ability to stay steady and upright. Weak balance raises the risk of falls, and exercises can help.
Memory - Your ability to remember names, events, and daily tasks. Small lapses are normal, but big changes are worth a check.
Nerves - The body's message lines. They carry signals between your brain and the rest of your body, all day long.
Brain - The control center of your body. It guides your movement, memory, speech, feelings, and thinking.
Amyotrophic (ALS) - In ALS, the nerves that control muscles slowly weaken. Muscles get weaker over time, and care focuses on comfort.

Three gentle ways to care for your brain

1. Keep moving. Walk, stretch, or do gentle exercises each day. Moving helps your blood flow, balance, and mood.

2. Keep your mind busy. Read, do puzzles like this one, play cards, and spend time with family and friends.

3. Tell your doctor. Speak up early about shaking, numbness, memory changes, or falls. Early care can make a real difference.

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H	P	M	U	M	S	N	A	O	E	M	R	Z	N	T
E	A	M	Y	O	T	R	O	P	H	I	C	K	E	D
T	R	E	M	O	R	D	I	D	E	G	T	F	R	F
G	K	D	Q	I	O	M	E	M	O	R	Y	W	V	G
P	I	B	X	U	K	Q	B	A	L	A	N	C	E	V
C	N	I	A	A	E	Y	Q	I	B	I	K	E	S	Z
L	S	C	L	E	R	O	S	I	S	N	A	X	K	O
D	O	R	Z	S	E	I	Z	U	R	E	Y	Z	Z	U
I	N	O	H	X	H	Y	E	J	I	N	M	V	C	G
J	S	N	E	U	R	O	P	A	T	H	Y	L	K	M
X	E	P	I	L	E	P	S	Y	S	U	N	E	G	O
J	V	Y	M	D	A	B	C	B	O	D	D	C	W	C
D	L	D	E	M	E	N	T	I	A	N	R	J	H	W
E	L	B	R	A	I	N	F	M	S	Q	Q	Z	W	B
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